

American Legion Post 639 (Vietnam War Memorial) Springfield, Missouri

NOVEMBER 2021



REMEMBER

From the Commander ...

Where has 2021 gone? Post 639 has been busy this summer and fall. I would like to personally thank whoever has helped us keep running so smoothly. The SAL, ALA, ALR, our employees and volunteers have been amazing since I've been back. Thank You All ...

The E Board has been hard at work planning for the future here at our Post. We are working on ways not only to make money, but working on ways to save money. Bob's working on streamlining the newsletter mailing list, Barry is working on a new internet provider, Jim is working on updating our bylaws, and Paul is working on bettering all things financial. Please be sure to give these guys a pat on the back if you get an opportunity.

I saw Ron Jackson after his knee replacement in for lunch after his physical therapy, he looked good and will be back soon. Get well my friend.

We announced at the General Meeting and on our social media page that we are working on getting new chairs for our club room. The chairs will be about \$200 each, and our friends have been very generous with donations so far towards our goal. So if you want to help, come see our on-duty bartender or our Finance Officer. Thank you.

So far this month, I was able to join in with several of our organizations and VSO's to welcome home Trent Stone, a young Marine from Spokane, MO, who was injured in the attack that killed 13 heros, and was also invited to help celebrate an Air Force veteran's 102nd birthday.

I really enjoy working with these groups to honor our local veterans. We are all working for the same cause so we should all work together.

Just a word on membership dues - the national database is, for some reason, having difficulty recognizing dues paid through the on-line option. That being the case, please avoid using this payment method and pay your dues at the Post for the time being. Hopefully this will resolve itself in the next few months.

Stand tall, fly the flag and BE PROUD !!!

Commander Mike Goforth

<u>Chaplain</u>

November is Veterans month. The Veteran's Day parade in Willard and Branson, the free meals, the free shows in Branson and all of the other things we, as Vets, get.

The best of all is someone coming up to you and thanking you for your service. Just make sure you tell them "thank you" back.

I met a Veteran the other day a few years younger than me

and his health was so poor I thanked him for his service, and he mine, and we both had that bond of brothers.

So thank your fellow Veterans and see a smile. All for now, and as always, the Post and its' members are in my prayers.

God Bless,

Your Chaplain Rex Krasche

Finance Officer

Hello Members, and thank you for your service !!

September was another strong month, sales continued to be strong in the bar and kitchen. I want to give a special thanks to the ALR, ALA and the SAL for stepping up and making a positive impact at the Post.

The Post is nothing without our members, so please visit the Post often and BRING A FRIEND !!

Happy Birthday to all those who proudly served in the Navy !

Paul Doelger

Finance Officer

<u>Auxiliary</u>

The "Grill Master King" and "Steam Table Queen" have put away their tools of triumph for the summer. Noel and Susan Heppard could be found, for the last 5 months, grilling and serving the tasty morsels we have enjoyed from the Sugar Shack. Every Wednesday and almost every weekend you could find them there. Noel and Susan, we thank you for all of your hard work and dedication this summer! They were joined by many others, from ALA and SAL, who volunteered their time to assist them. No one person can do it all but a team of volunteers can bring success! Thank you to all that consistently raised your hand, showed up and worked hard with each other!!

The Western Greene County Veterans Day Parade is Saturday, November 5th at 11:00 a.m. This year's theme is Remembering Desert Storm. ALA has entered our float again this year. We will stage at the Willard High School at 9:00 and during the parade we will be promoting our Poppies along the route.

We will be celebrating the Marine's and ALA's birthdays, November 10^{th} , at the November general meeting with cake and ice cream.

November important dates to remember:

Veterans Day is Thursday, November 11th

Paddle Party on Thursday, November 18th

Thanksgiving is Friday, November 25th

November 50/50 month is ALR. Come and support your VSO on Wednesdays.

Also, remember to mark your calendar on Saturday, December 4^{th} for the All-Post Christmas Party.

Thank you to all who give so much of themselves. The passion in your heart shows in all you do! I am grateful beyond words!

In the Spirit of Service, not Self

Diana Cooperider

President, Auxiliary

Building & Grounds

If you were at the Post on September 22nd, you might have seen a beehive of activity around there.

We had a visit from about 40-50 professional arborists. Through an organization called "Salute to Branches", we had a donation of tree trimming and landscaping. Several local tree trimming companies, such as Hansen's Tree Service, Cherokee Tree Service, The Tree Doctor, and Ryan's Tree Service, among others, spent the morning and much of the afternoon, trimming and mulching our trees.

The organization has been offering their services to the local veterans cemeteries, previously. After getting all the trees there in pretty good shape after about 9 years, everything looked pretty good. The local leadership of the group asked for, and received permission to offer their services to our American Legion Post. The grounds certainly reflect their efforts and expertise.

Hopefully, next year they will be able to come again and do more trimming. If anyone needs tree trimming at their own property, give one of the companies a call that offered their time to our Post. Mention to them you are a member of Post 639 and you appreciate them doing the work for us.

Ron Jackson, Building & Grounds Maintenance



Sons of the American Legion

We are proud to announce that we are increasing in membership. It's great to have former Sons member Shane Abney, along with new member Bobby Tonche. It's great to see the interest that's being generated in the Sons of the American Legion.

If you are a former member, or just interested in what we are doing for Post 639, please come out to any of the events we are helping out with.

Our monthly meetings are at 7PM on the second Monday of the month.

If it's your first time joining us ... your first round is on me ;)

Sincerely,

Curtis Myers, Commander

Legion Riders

Finally cooling off !! Sweatshirts are gonna feel good when we have those 9AM KSU's !!

November is ALR month for 50/50 at Queen of Hearts, so come out and support your Chapter.

By the time the newsletter goes out, we'll have had a Dinner Ride on 10/19 to Hot Cluckers, and our last monthly ride on 10/23 to Gaston's Resort in Lakeview, AR.

We had planned the 2nd Annual Bill Maxheimer ride for October 2nd, but the weather didn't cooperate. We had a wonderful get-together at the Post with Paula and her ALR family. Just a great time of fellowship remembering how we all loved Bill. We will dedicate our Gaston's ride on 10/23 in his honor.



Upcoming Events— Nov. 6th - Veterans Day Parade, Willard, MO Nov. 7th - Elks Toys Run, Forsythe, MO Dec. 5th - Toys for Tots Run Springfield, MO Dec. 19th - ALR Christmas Party Ride safe out there .. Marsha Crom, ALR Chapter 639 Director

<u>Historian/Newsletter Editor</u>

PLEASE NOTE: Changes coming for the hardcopy newsletter, effective January 2022.

For several months now, we've been telling you about the benefits of an electronic newsletter (specifically an e-mail version, vs. hardcopy). It costs our Post **NOTHING** to distribute, and it affords the Post the flexibility of including much more informational content at no additional cost.

Beginning with the January 2022 issue, we will be mailing a hardcopy newsletter **ONLY** to those who request it in that format. If you have already contacted us and specified your preference for hardcopy, **NO ACTION IS REQUIRED ON YOUR PART**. You will continue to receive it as you always have.

Over the next two months' transition period, for those of you who have been receiving the unsolicited hardcopy through the mail, you'll have the following options:

- 1. Call the Post and specify your preference to continue with hardcopy.
- 2. Email me with your preference directly at historianeditorlz639@gmail.com. If you want to receive as an monthly email, please specify that, with your email address.
- 3. Pick up a full-color hardcopy at the Post on the windowsill by the bar.
- 4. View the full-color newsletter on the Post website at www.americanlegionpost639.org

This change will allow the Post to minimize this expense and provide a much better product to our membership. Please don't hesitate to contact me with any questions/concerns, and I'll be glad to help you work through them.

Bob Kalwat

Post 639 Historian/Newsletter Editor

historianeditorlz639@gmail.com

From the Galley

Kitchen still doing great.

Friday specials are growing in popularity and as a result we are seeing new faces and meeting good people. Don't forget that beginning November 1st "build your own taco" begins and will run every Monday in November. Special thanks to Steve Hansen for volunteering to help us on those days. Special shout out to Bob Kalwat for his work on upgrading our menus.

On October 4th we were visited by Health Department personnel. Two suggestions were made by the inspector but no citations were given. We are sure this is a result of the initial hard work that several volunteers did to organize and clean the kitchen and the continuing job of keeping it that way. Regretfully, Larry has informed the Commander and a couple of E-Board members that December 31st will be his last day cooking on a full time basis. To this end we are looking for two or three people to volunteer approximately 3 1/2 hours per day once or twice a week. This will only benefit our post. If you enjoy cooking and get pleasure out of seeing others enjoy your cooking please consider volunteering. As always we welcome any comments or suggestions for improvement.

Larry and the kitchen crew



Big-time <u>CONGRATULATIONS</u> to our big Queen of Hearts jackpot winner - Teri Daniels !! Come out and play on Wednesday nights, YOU MAY BE NEXT !!!

<u>November VSO Spotlight -</u> <u>Honor Flight of the Ozarks</u>

Honor Flight, Inc, and affiliated hubs in the national Honor Flight Network are private, not-for-



profit organizations created solely to honor America's Veterans for their many sacrifices. Today, there are 140 regional hubs in the United States.

Honor Flight first flew in May 2005 with six small planes flying twelve WWII veterans, departing from Springfield, Ohio. In 2006, with a rapidly expanding waiting list, the program transitioned to commercial airline carriers to accommodate more veterans. That same year, Honor Flight partnered with Honor Air in Hendersonville, North Carolina, and Hero Flight in Provo, Utah to establish the national "Honor Flight Network', which has expanded aggressively to include cities across the nation. By 2007, official Network hubs had been established in 32 cities, to localize community commitment, operational planning, and fund-raising.

Because of generous donors like you, our honored and deserving Veterans travel **absolutely FREE!**

In December 2013, Honor Flight of the Ozarks became the 133rd regional hub in the national Honor Flight Network. Our board members and volunteers are honored and committed to providing flights to Washington, D.C. for thousands of our deserving Veterans in Southwest Missouri.

Our Honor Flight would not be possible without the financial support from private and corporate donors and sponsors. We are also seeking to broaden our base of fund-raising programs throughout Southwest Missouri with Veteran organizations such as VFW, American Legion, and business clubs such as Rotary and Kiwanis. We will continue to partner with all church denominations and Boy and Girl Scouts, and especially enjoy the enthusiastic support of our schools and students who benefit so much from the personal involvement with our Veterans through our Speakers Bureau. Veterans fill the gaps in American History and Social Studies curriculum as they continue the legacy of the wonderful stories which began with our founding fathers to our current military men and women. Our students love our Veterans !!

Honor Flight of the Ozarks is a non-profit organization as a 501 c (3). All donations are deductible to the extent determined by law.

Our goal is to honor and recognize the sacrifices our Veterans made so that we may all continue to enjoy our freedoms and way of life. Our small token of our appreciation for them is to give them a memorable trip of a lifetime to visit their Memorials in Washington, D.C. in a VIP manner that befits the heroic status they occupy in the hearts of all Americans.

Your generous support allows us to accomplish our goal of honoring our Veterans !!

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Recollections of Midway -Sgt Ed Fox

In the June 2021 newsletter, Ed Fox's story of the Battle of Midway was published. As a follow-up, Ed was interviewed in May 2021 at 639 for additional content, which included



Midway, Iwo Jima, atomic bomb testing, and post-war occupation of Japan. Post 639 will publish a portion of the transcript of that interview. (July), Part 1 - "Beach Patrols - Midway Island." August, Part 2 - "Preparing to repel boarders - Midway Island" September, Part 3 - "Invader, Midway Atoll", Part 4 - "Midway Battle, and the years that follow". This month, Part 5 - Iwo Jima. Part 6 (December) Atomic testing, Nagasaki, Korea, Reflections (Recommendation - To get a sense of context, read Ed's original article in the June 2021 edition.) Be sure and check out the November 2021 Newsletter for Part 5....

Prepping for Iwo Jima - Hawaii. 13th Mar. 5th Mar Div.

A portion of the 5th Mar Div. trained in Hawaii, Camp Tarawa on the Big Island. I was receiving training as a forward observer. We used 105's field guns and 105mm Howitzers. The first time my team of 12, stepped up to run a fire mission was somewhat different than stepping up to a rifle range. We were to use "slag" rounds. These are rounds that are the same size/weight as regular projectiles, but obviously they do not carry explosive.

Artillery practice firing range: We had 55-gal barrels placed at varied distances, each one to simulate an enemy target. We used topographical maps reference to our target. We did not know we were going to Iwo.

FO's represented support for the infantry, where they went, we went. At times fighting right alongside with them. When they had a target that artillery would assist in removing that obstacle, we called to our FDC that we had fire mission and ID the target. Could be an enemy MG, artillery, a cave or troops massing, with that information the F.O. began pinpointing the exact position with compass bearing using three triangled compass reading to the target.

OR on the right and OL left ,plus from my op center, data radioed to the FDC from our already known position gave information to the FDC. The infantry may suggest or lets the FDC decide what type of rounds to fire, HE, overhead fire or Wille-pea. Seldom would we call for one round to adjust. We on Iwo called for three rounds for each initial fire mission, then fire for effect quickly as possible.

Could be 6 rounds or more or till the target was eliminated. The gun crews in the 13th Marines prided themselves to kill the target whatever it may be, "now you see it, now you don't." Sometimes we could hear them cheer as we reported target destroyed, cease fire.

I recall from training, "Fire one round to adjust". My first test round went right inside that frig'en' barrel. Luck. Next command would be "Fire for effect" but they wouldn't let me call, fire for effect. "Lucky %#@&* Fox, "Can you do it again?". I was given another target further distance to try, this time it was "troops massed." With my compass bearing and the OR and OL points reporting theirs to the barrel on point, then sent that info to the FDC, and I requested not one round but an emergency barrage with Wille-pea, no adjusting fire with a target like this. .Three batteries opened. Do you know how many guns are in a "battery"?

The next 18 plus, rounds landed around, and in the 55 gal. drum blowing it away. Our team and gun crews got raves at the slop chute that evening.

Time came for departure from Hawaii. Leave everything be-

hind, no connection to home or loved ones, only dog tags, a couple change of underwear and socks. No personal data or even pic or address of those at home. This kinda makes one think hard of what is in our future?

Two weeks at sea: We were on APA's (Attack Transports) coming into the approach to Iwo. You ate in the galley standing up. The heads (bathrooms) were troughs, water going through it back and forth. Those troughs were lined up bow to stern so the seawater would wash inside the troughs.

A little humor, Things to do to make the trip a little more tolerable. Occasionally at the end of the trough we'd tie a bunch of toilet paper in a big bundle. Time it right and light the toilet paper on fire and set it in the water as the ship pitched the other way. Everybody's butt would get singed as that toilet paper would float past. And you had better move fast and hide somewhere if you pulled this one off.

Landed on Red Beach 19 Feb. just before 1200 HRS;

A Coast Guardsman on our LCVP (Landing Craft Vehicle Personnel) took us in to Red Beach under Suribaci, part of our FO team along with Marines from the 27th Inf., As we got closer to the beach we began to experience in-coming, the LCVP that was next to us took a direct hit, and some of the contents of that boat landed in ours. We had razed the Coastie to put us on dry land or we were going to seek him out when we got back if he dumped us in the water before the beach. But he was something, I didn't have to wade. Hats off to the Coastie.

Softest blackest sand and soil you could imagine. Crawled soon as we got on the beach, overhead fire, direct fire from Suribaci on our left and we spent too much time trying to stay in touch as a team, we scattered. When we did get onto level ground the barrages intensified, I finally found false security in a shell hole, thinking well maybe they couldn't put another in this hole, how foolish can you be.

My first night I stayed alone in that hole, probably the most terrifying night I've ever had. Safety off and finger on the trigger, tense. Shells landing all around, small arms fire and you keep hearing, "CORPSMAN, CORPSMAN !!" all night.

My second day was a little better, joined up with our team one missing. We were told we were going to join the 28th Marines. Going up to take Suribaci, once up there we were to set up an op for the 27thMar.

Took us 5 sleepless frigging days and nights to get up there. During the daytime we'd just stayed put, not moving crawling up the side. Every Japanese gun on the island could see us going up the mountain. We received intense fire, exposed as we were. More lost.

During the night, the Japanese above us would roll grenades down, and as they'd bounced by, you'd wonder when the time would come when that SOB would go off. Not a damnthing one could do. A few were close. It was a little hairy now and then, hugging the earth had new meaning. Finally, to the top. Set up and began calling in fire missions.

We hadn't paid too much attention the men of the 28th till they began assembling a pole, eventually for the now famous rising flag on Suribaci. We observed both flags go up. Didn't realize then the significance of that flag going up, or what was going to happen, that night we got into a hell of a hurrah with the Japanese coming out of the caves that were underneath us that had been camouflaged.



Nerves were tweaked trying not to pop our own before letting off a round. It was the nearest to hand to hand I care to experience. That was a tough night. I had 36 rounds for my 12-guage shotgun and the following morning I had 6 rounds left. And I don't remember seeing anyone except the frantic Japanese.

We stayed up there for two days and nights. We still took fire, overhead fire. I could have claimed a wound I guess, laid prone on my scope when shrapnel from overhead fire bounced and landed on the check of my ass, about the size of a saucer and I thought my ass had really gone to hell, it burnt so bad.

But all it did was put a blister on it. When the Corpsman attended to it, he wanted my name and unit for a Purple Heart. How would I explain receiving a Purple Heart for blister on one's ass, -- no way.

While on top of Suribaci, I accrued a sword that night, he was an NCO. We went on to join the 27th when we got down off the mountain and went up the west side of Iwo as a F.O for the 27th. My luck still held out; we could still put a round where they wanted it. Good men, good FDC, gunners always knew how many bags to use. "What a Team." They prided themselves, "No short rounds".

When we knocked out a tough target, there was whooping and yelling, we cheered, we had just killed 20 or 30 of the enemy. Some of us still live those moments, --- "what had we become, to celebrate such slaughter?

When my team departed Iwo, there were four of us able to walk off the island .

"For those who have fought for it, Freedom has a taste that the protected will never know."

Military History in November

Nov 01 1915 – Parris Island is officially designated a US Marine Corps Recruit Depot

Nov 01 1943 - WW2: In support of the landings on Bougainville, U.S. aircraft carrier forces attack the huge Japanese base at Rabaul.

Nov 01 1968 – Vietnam: President Lyndon B. Johnson calls a halt to bombing in Vietnam, hoping this will lead to progress at the Paris peace talks.

Nov 05 1814 – War of 1812: Having decided to abandon the Niagara frontier, the American army blows up Fort Erie.

Nov 05 1862 - Civil War: Abraham Lincoln questions the leadership skills of George B. McClellan during battles and removes him as commander of the Union Army for the second and final time. Lincoln's famous evaluation of McClellan read, "If he can't fight himself, he excels in making others ready to fight."

Nov 05 1917 – WWI: General John Pershing leads U.S. troops into the first American action against German forces near the Rhine–Marne Canal in France.

Nov 07 2004 - War in Iraq: The interim government of Iraq calls for a 60-day "state of emergency" as U.S. forces storm the insurgent stronghold of Fallujah.

Nov 10 1775 – American Revolution: The United States Marine Corps is founded at Tun Tavern in Philadelphia by Samuel Nicholas. Continental Congress establishes two battalions of Marines.

Nov 11 1864 - Civil War: Sherman's March to the Sea - Union General William Tecumseh Sherman begins burning Atlanta, Georgia to the ground in preparation for his march south.

Nov 11 1918 - World War I: Germany signs an armistice agreement with the Allies in a railroad car in the forest of Compiègne, France. The fighting officially ends at 11:00 a.m., (the eleventh hour in the eleventh month on the eleventh day) and this is annually honored with a two-minute silence. The war officially ends on the signing of the Treaty of Versailles on 28th June, 1919.

Nov 12 1942 - WW2: The Naval Battle of Guadalcanal between Japanese and American forces begins near Guadalcanal. The battle lasts for three days and ends with an American victory.

Nov 14 1916 - WWI: The Battle of the Somme ends. Casualties and losses: Allies 623,907 - GER 465.000

Nov 19 1861 – Civil War: Julia Ward Howe writes "The Battle Hymn of the Republic" while visiting Union troops.

Nov 19 1950 - US General Dwight D. Eisenhower becomes Supreme Commander of NATO-Europe.

Nov 20 1943 – WW2: U.S. Marines landed on Tarawa in the Gilbert Islands, one of the bloodiest campaigns waged by American forces against the Japanese in the Pacific. Tarawa falls on Nov 23.

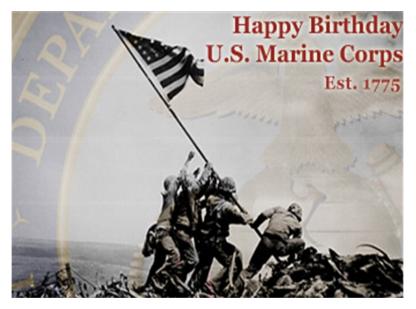
Nov 27 1965 – Vietnam: The Pentagon tells U.S. President Lyndon B. Johnson that if planned operations are to succeed, the number of American troops in Vietnam has to be increased from 120,000 to 400,000.

Nov 29 1971 – Vietnam: Americal Division stands down and departs. They suffered 4,041 casualties during 2,111 days of combat.

Nov 30 1995 - Official end of Operation Desert Storm

Military Thanksgiving - At home AND on the front lines





U.S. Marine Corps Birthday - November 10th



Veterans Day - November 11th



LZ639 Lunch Menu

MAINS (ALL this stuff comes with fries or chips. Substitute onion rings or mushrooms for .50 extra)

CHEESEBURGER - \$7	PATTY MELT - \$7
Still our signature 1/3 lb Angus beef with your choice of	Hamburger patty between cheese on rye bread. Grilled
hot, melted American, Swiss or Provolone cheese.	golden brown. Your choice of American, Swiss or Provolone.
	Sauteed onions on request.
HAMBURGER - \$6	
Cheeseburger without the cheese. Still 1/3 lb = good !!	PORK TENDERLOIN - \$6
Cheeseburger without the cheese. Still 1/S ID = good !!	Tender pork or beef, battered and fried. An explosion to
	vour taste buds.
GRILLED CHICKEN - \$6	jour taste bads.
10 IS	
All white meat chicken.	FRENCH DIP - \$7.50
	Thinly sliced ribeye on a hoagie bun with sauteed onions
	and green bell peppers topped with melted mozzarella
GRILLED CHEESE - \$6	cheese
The grown-up version of your favorite kid sandwich.	cheese.
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	THE CHILI DOG - \$6
THE REUBEN - \$6	A half-pound all-beef Nathan dog covered with our hot, sa-
Corned beef, sauerkraut, and Thousand Island dressing	vory chili. Cheese and onions on request.
, , ,	vory chill. Cheese and onions of request.
make this a classic. Served on marbled rye bread	
	CHILI (20 oz) \$5.00 (12oz) \$3.50
ROSENDAHL'S BLT - \$6	
	Cheese and onions on request.
The classic: lettuce, tomato and crispy, savory bacon.	

APPETIZERS

FRIES Big - \$3.50 Small - \$2.00	FRIED MUSHROOMS Big - \$5.75 Small \$2.75
Fresh, crispy, deep-fried Nothing French about 'em	The best portobello mushrooms, battered and fried. Served with ranch dressing.
CLASSIC ONION RINGS	Big - \$5.75 Small - \$2.75

Your favorite drive-thru food, only better.

Battered and fried to perfection.

OCCASIONALLY = Specials, Soups, Stews and Dessert ALL COMMENTS OR SUGGESTIONS ARE WELCOME !!!!

Average Weather in November for Springfield

Daily high temperatures decrease by 12°F, from 63° F to 51°F, rarely falling below 37°F or exceeding 75°F.

Daily low temperatures decrease by 10°F, from 44° F to 34°F, rarely falling below 20°F or exceeding 57°F.

Over the course of November in Springfield, the length of the day is *decreasing*. From the start to the end of the month, the length of the day decreases by 49 minutes, implying an average daily decrease of 1 minute, 41 seconds, and weekly decrease of 11 minutes, 45 seconds.

The shortest day of the month is November 30, with 9 hours, 48 minutes of daylight and the longest day is November 1, with 10 hours, 37 minutes of daylight.

Armistice Day - November 11th

Money raised by the sale of Legion, ALR and Auxiliary merchandise is then used in their Veteran support activities. You are contributing directly when you purchase an item. Pay right at the bar !!

American Legion	Price
American Legion Hats	\$15.00
American Legion License Plate (Plain)	\$10.00
American Legion License Plate	\$15.00
Vietnam Memorial Wall Coin	\$10.00
Vietnam Memorial Wall T-Shirt	\$15.00
Ride For Life T-Shirt	\$20.00
Christmas Par Tee	\$15.00
RV Space Rental (Non-Veteran)	\$20.00
RV Space Rental (Veteran)	\$10.00
Legion Hall Rental	Variable
Legion Grounds Rental	Variable
American Legion Riders	Price
ALR Auto License Plate	\$9.00
ALR Auto Plate	\$11.00
ALR Belt Buckle	\$30.00
ALR Chapter Tapes	\$2.00
ALR Decal 3"	\$3.50
ALR Decal 6"	\$7.00
ALR Decal 12"	\$8.00
ALR Do-rag (Cotton)	\$13.00
ALR Do-rag Logo (Poly/Cotton)	\$13.00
ALR Do-rag (Navy or POW, Poly/Cotton)	\$13.00
ALR Hats	\$20.00
ALR Key Tag	\$3.00
ALR Motorcycle License Plate Frame	\$8.00
ALR Patch (Back - Large)	\$47.00
ALR Patch - Medium	\$10.00
ALR Patch - Mini	\$4.00
ALR Pin	\$4.00
ALR Support Our Troops Patch	\$3.00
ALR Sweat Shirt	\$29.00
ALR Hoodie	\$28.00
ALR T-Shirt (Long Sleeve)	\$20.00
ALR T-Shirt (Short Sleeve)	\$19.00
ALR Windshield Decal	\$16.00
ALR Zippo Lighter	\$23.00

Auxiliary	Price
Auxiliary Cook Books	\$1.00
Auxiliary Hats	\$20.00
Auxiliary Koozies	\$1.00
Auxiliary Patches (Large)	\$8.00
Auxiliary Patches (Small)	\$5.00
Auxiliary Pins	\$6.00
Auxiliary Necklaces	\$10.00
Auxiliary Bracelets	\$5.00



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NOVEMBER 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 GENERAL MTG 7PM	3 QUEEN OF HEARTS 6 - 8 PM	4	5 LUNCH 11-2 FRIDAY HAPPY HOUR APPETIZERS 4 - 6PM	6
7	8 LUNCH 11-2 SAL MTG 7PM	9 LUNCH 11-2	10 LUNCH 11-2 View of Hearts 6 - 8 PM	11 LUNCH 11-2	12 LUNCH 11-2 FRIDAY HAPPY HOUR APPETIZERS 4 - 6PM	13 SUB VETS 11 AM
14	15 LUNCH 11-2	16 LUNCH 11-2	17 LUNCH 11-2 View of the second seco	18 LUNCH 11-2	19 LUNCH 11-2 <i>FRIDAY</i> <i>HAPPY HOUR</i> <i>APPETIZERS</i> <i>4 - 6PM</i> NEWSLETTER CONTENT DUE	20
21 MERICAN AFGIONS LEGION RIDERS 6PM	22 LUNCH 11-2	23 LUNCH 11-2 AUXILIARY E-BOARD MTG 7PM	24 LUNCH 11-2 View of the second sec	25 LUNCH 11-2 CONTRACTOR FLEET RESERVE ASSOC. 6PM	26 LUNCH 11-2 <i>FRIDAY</i> <i>HAPPY HOUR</i> <i>APPETIZERS</i> <i>4 - 6PM</i>	27
28	29 LUNCH 11-2 E-BOARD MTG 6:30PM	30 LUNCH 11-2				

Ongoing Suicide Prevention

EVERY month is Suicide Prevention month. Always be vigilant for your brothers/sisters that might need help.

Some signs of concerning behavior include:

- Hopelessness, feeling like there is no way out
- Anxiety, agitation, sleeplessness, or mood swings
- Feeling like there is no reason to live
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug use
- Withdrawing from family and friends

If you notice any signs of concerning behavior here are some things you can do:

• **Start a conversation**: Mention the signs that prompted you to talk to them. Stay calm and let the person know you want to help them. Don't leave the person alone.

• Listen, express concern and reassure the individual: Let the person know you care and that you take the situation seriously. Letting the person know you care will go a long way in establishing a support system.

• Create a safety plan: Ask the person if they have access to anything that could harm them and call for help if you feel the situation is dangerous.

• Get the individual help: Provide resources for the individual. Call the Veteran's crisis line at 1(800)-273 -8255. Or if you feel the situation is severe, take the individual to the closest emergency room or call for help.



Volunteer Opportunities at the Legion

As always, we have several volunteer opportunities for members and non-members. Currently, we are in need of someone with excellent administrative skills and the ability to see a task through to completion. This could mostly be done at home, but it will take some familiarization with how the business here operates.

As our buildings age, maintenance has become a growing concern. If you have any stills in any of the trades, or if you are a "Jack of ALL Trades", we could use your help. There are several projects pending.

We have an opportunities for work on our newsletter by (1) contacting members who get the mail hardcopy to try and secure an email, (2) assisting with the monthly printing of the mail version, and (3) page design/editing.

If you're interested, please call 882-8639, send an email to **historianeditorlz639@gmail.com**, or drop by. We'll contact you and match you up with an opportunity!!!



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A Service-Disabled, Veteran-Owned Small Business (SDVOSB) providing mission essential cyber security capabilities www.<u>foxholetechnology.com</u> - Wes Hester, CEO

LZ639 Pizza Company will make available to our members of Post 639 and families your choice of 12 different pizzas that we offer to area bars. There is a minimum order of 6 pizzas and they will only be made when we are making orders for our wholesale customers and will be **take out only**.

The price is **\$6.00** per pizza for 10" pizzas. This is for personal use and cannot be resold. See Connie or the bartender for additional information and to order.



Vietnam War Memorial American Legion Post 639 2660 South Scenic Ave .Springfield, MO 65807 www.americanlegionpost639.org

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Non-Profit Organization US Postage Paid Springfield, MO 65801

Permit Number 451

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